Rotaract Club Of Adithya

Spon By: Rotary Club Of Coimbatore

Club ID: 218056 | Group 4 | RID 3201

As I Evolve – Assignment - 3

Homework from Santhya Vikram

1. Observe children around you - in a construction site near by, kids around the signal or helpers children and offer some educational experience for a short duration - reading stories to them or teaching math or teaching them to read. One on one. Share your experience - in written form, a video or audio message - Deadline 10 October













ROTARACT CLUB OF ADITHYA

SPONSORED BY ROTARY CLUB OF COIMBATORE CLUB ID: 218056 | GROUP 4 | RI DISTRICT 3201

EMOTIONS HAVE TAUGHT MANKIND TO REASON."

Event Chair: Rtr. Dhivyaa



09/10/2024



ATHIPALAYAM PIRIVU



7.00 PM

Rtr. Divakar **Secretary Administration** Rtr. Vaishnavi President

Rtr. Priyadarshini **Secretary Communication**





SUMMARY

We, the Rotaract Club of Adithya, are thrilled to invite you to "Wisdom Weavers," a special initiative where we connect with the incredible girls at the home.

During our time together, we will focus on important topics like personal safety. We'll engage the girls in discussions about "Good Touch, Bad Touch," helping them understand their boundaries and empowering them to recognize what's safe and what's not. Through role-playing and interactive activities, we aim to equip them with the knowledge they need to feel secure and confident.

But it's not all serious! We'll also have a blast with arts and crafts Θ and storytelling Ξ . These creative sessions will be a chance for the girls to express themselves and let their imaginations soar.

In addition to these activities, we'll share motivational talks \not to inspire and uplift them, fostering self-confidence and resilience.

Together, we'll create a warm, supportive space where these amazing girls can learn, grow, and thrive. We can't wait to make lasting memories while making a positive impact in their

As I Evolve – Assignment - 3

2.Write about you dream. A poster or just a bold declaration even if you don't know what to do about it right now. - Deadline 10 October

The Dream of Becoming a Better Person: A Personal Journey 🔭



In a world that often feels overwhelming, the desire to become a better person is both a dream and a necessity. It's not just about self-improvement; it's about creating a positive impact in our lives and the lives of those around us. This journey is personal, filled with challenges and discoveries, and unique to each of us.

Reflecting on Myself 2

The first step on this journey often involves looking inward. I find myself asking questions like, "What do I truly value?" and "How do my actions affect others?" Taking time to reflect—whether through journaling, meditating, or simply sitting quietly—helps me gain clarity. It's in these moments of honesty that I can identify areas where I can grow.

Understanding Others 💝

Empathy plays a crucial role in becoming a better person. It's about truly connecting with others, not just understanding their feelings but feeling them alongside them. I've learned that volunteering, listening to diverse stories, or engaging with people from different backgrounds deepens my sense of empathy. When I take the time to see the world through someone else's eyes, it enriches my perspective and strengthens my connections.

The Power of Kindness **\$\mathbb{Y}**

Practicing kindness has been transformative. Small gestures—a smile, a helping hand, or a thoughtful note—can make someone's day. I've noticed how these acts create a ripple effect; when I show kindness, it often inspires others to do the same. The more I embrace kindness in my daily life, the more it becomes a part of who I am.

Setting Goals for Growth

Having clear intentions helps keep me on track. I like to set specific, actionable goals, whether it's committing to daily acts of kindness or volunteering regularly. Each small victory reminds me that change is possible and fuels my motivation to keep going.

Building Connections

The journey toward becoming a better person is enriched by the connections I make. Surrounding myself with supportive, positive people encourages me to grow. Engaging in meaningful conversations about our values and experiences sparks new insights and helps me reflect on my actions in a deeper way.

Embracing Vulnerability

Vulnerability is something I've come to see as a strength. Acknowledging my imperfections and being open to feedback allows me to grow. Sharing my struggles with others fosters authenticity, reminding us all that we're human and it's okay to be imperfect.

Lifelong Learning 🔚

The journey doesn't end with achieving specific goals; it's a lifelong commitment to learning. Staying curious keeps my mind active and my spirit engaged. I love reading books, attending workshops, or simply having conversations that challenge my thinking and help me evolve.



Ultimately, the dream of becoming a better person is about making a positive impact. Whether it's advocating for those in need, participating in community initiatives, or spreading kindness in everyday interactions, every effort counts. I've seen how even the smallest actions can inspire those around me and contribute to a larger change.

Conclusion 🛠

The dream of becoming a better person is a meaningful and complex journey filled with dedication, empathy, and courage. It's about embracing growth, building connections, and living authentically. Every step I take—no matter how small—contributes to a more compassionate world. As I strive to embody these ideals, I hope to inspire others to embark on their own journeys. Together, we can create a brighter future, one small act at a time.

By

Rtr. Divakar R

Rotaract Club of Adithya